Saltwater Fishing in Connecticut

With more than 100 species of fish found in Long Island Sound, saltwater recreational anglers can enjoy some great fishing for striped bass, bluefish, black sea bass, tautog, summer flounder, scup, and hickory shad.

Better Information, Better Fishing

If you get surveyed by a Connecticut Department of Energy and Environmental Protection field interviewer, you’re helping to maintain healthy and productive fish stocks.

CTDEEP partners with NOAA Fisheries’ Marine Recreational Information Program to gather information scientists and managers use to keep fisheries sustainable, now and for generations to come.

Field interviewers play no role in law enforcement, and your responses are confidential.

View the estimates. Query the data.

countmyfish.noaa.gov
Find Connecticut saltwater fishing regulations, fishing info, and bait and tackle shops—plus get a 2021 fishing license—at:
portal.ct.gov/DEEP/Fishing/CT-Fishing

2021 possession limits, length limits, and open seasons.

**Tautog**
16”—2 fish/day: 4/1-4/30; 16”—2 fish/day: 7/1-8/31; 16”—3 fish/day: 10/10-11/28

**Scup**
9”—30 fish/day: all year

**Black Sea Bass**
15”—5 fish/day: 5/19-12/31

**Summer Flounder**
19”—4 fish/day: 5/4-9/30

**Striped Bass**
28”-35”—1 fish/day: all year

**Bluefish**
No size limit—3 fish/day: all year

Anyone using live bait to catch striped bass MUST use an inline circle hook.

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Report a Wildlife Violation
(800) 842-4357