Harbor Seals Pupping Timeframes in Oregon

March - June
Peak Mid-May

Please keep your distance and keep all pets leashed and away from seals and sea lions. If you see a seal pup alone that appears to be injured, stranded or dead, protect the animal by keeping your distance and calling the Marine Mammal Stranding Network at 866-767-6114.

The pupping timeframes are based on observations and stranding responses by Portland State University and Oregon State University over the past two decades. In individual cases pups may be born outside of these time-frames in unique situations.